

Title

Level

Key factors at level

Heal Patients and Contribute

Appreciation

Respect

Safety

Basics



I have time, autonomy and resources to heal patients
I have time to think and contribute

I am noticed and appreciated
I am connected
My compensation reflects appreciation

There is a basic level of mutual respect and inclusion
My family time is respected
I am not hassled by IT, the EHR, or bureaucracy
Objects and processes work
Cultural violations are addressed

I'm physically safe
My patients are safe
My job is secure & future predictable

I'm hydrated, have access to food, and time to eat
I've had enough sleep
I have access to bathrooms
I have no depression or anxiety
I am free of substance use
I do not have suicidal thoughts
I have time and space to breast feed

Start here