

Marvin

Marvin Overview

Marvin is the first virtual behavioral health practice made specifically for physicians, nurses, residents and other employees of healthcare institutions. Our mission is to end the one-size-fits-all approach to behavioral health, designing a unique treatment plan for each client, and providing culturally-adept care that best meets their needs.

What are the benefits of Marvin?

1. Confidential sessions with therapist
2. Flexible hours for appointments
3. No session limit
4. Quick matching with therapists
5. Benefits check prior to appointment setting
6. Therapists available in multiple states
7. Offerings of individual, group, and couples therapy sessions

How does Marvin help you?

Marvin provides strategies for residents and fellows by addressing burnout, mood disorders, goal setting and other skills.

Services include 1:1 teletherapy with specialty-trained therapists, group teletherapy around hospital-specific topics, and CBT-based tools to build new mental health skills. More than 80% of Marvin sessions occur during nights and weekends, and all sessions are 100% confidential.

How do I sign up?

Sign up is easy! Simply access your specific site page, and fill out our 1-min registration form or go to www.meetmarvin.com/wayne-state.

What happens after I sign up?

After you sign up an initial benefits check will take place. Afterwards, Marvin will match you with a therapist based upon your preferences for their background or demographics, your availability, and your goals for the therapeutic relationship.

In addition, Marvin will:

1. Complete a benefits check on your insurance, letting you know your coverage options in advance. For any Marvin billing questions please contact benefits@meetmarvin.com
2. Share an overview of your therapist, their background, and their specialties. We will also prepare an analysis of your personal therapeutic preferences, as expressed in your intake form.
3. Schedule your initial set of therapy sessions with your personal Marvin access link. The message will include session details and a set of digital calendar invitations to mark your upcoming session times.

*Please note, there is a fee for late cancellations and no shows.

We look forward to working with you on your journey.

The Marvin Team