

Contact

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Statewide Michigan MIDOCS program

<https://www.michigandocs.org/>

I decided to pursue a career in primary care and specifically Preventive Medicine because of the impact it has on individuals and communities that are desperately seeking a better quality of life. I was born and raised in an underserved community in the Middle East (Iraq) and saw how poor families struggled to keep up with their health.



Rasha Abdulridha,
MD, MPH;
Preventive Medicine
Class of 2024

There are many reasons for choosing this career, but the most painful ones stemmed from my observing firsthand the impact of lack of access to healthcare and low awareness about prevention, and the effect of poverty on a person's quality of life, their health outcomes, and their lifespan.



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MIDOCS is a partnership among the state's Department of Health and Human Services and the medical schools at Wayne State University, Michigan State University, Central Michigan University, and Western Michigan University.

MIDOCS is a program designed to recruit and retain primary care physicians in state-designated underserved communities. MIDOCS residencies may feature enhanced curricular elements in areas such as ambulatory care, quality improvement, population health, interprofessional collaboration, and care of diverse and underserved populations.



Ascension Providence Rochester Hospital

About the Program

In 2017, the Michigan legislature appropriated funds for MIDOCS, a partnership among the state's Department of Health and Human Services and the medical schools at Wayne State University, Michigan State University, Central Michigan University, and Western Michigan University.

MIDOCS was designed to recruit and retain skilled practitioners to address the physician shortage in both rural and urban underserved areas of our state. It seeks to encourage medical students to pursue careers in primary care and make a long-term commitment to **practice for 2 years** in underserved areas in Michigan. Residents must also agree to forego any subspecialty training for at least 2 years post-residency.

MIDOCS offers up to \$75,000 for the repayment of qualifying educational loans to those residents who complete training in either the Family Medicine - Urban Track or Preventive Medicine programs (detailed below) and fulfill the 2-year practice requirement.

Note: Holders of a J1 Visa waiver or an H-1B Visa are ineligible.

Two Options

Medical students may apply for one of two options, both funded by MIDOCS:

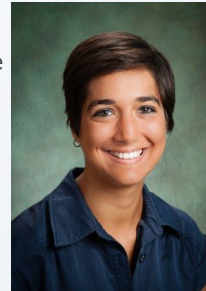
- WSUGME Family Medicine residency program's **Urban Track**
- WSUGME's **Preventive Medicine** program

Interested students may apply for one of these exciting residency opportunities through ERAS.

The Family Medicine Urban Track (FM-UT)

The FM-UT is designed for physicians with a strong interest in providing primary care to underserved populations in urban or rural settings and a commitment to community health. The FM-UT will include training in the following:

- The biopsychosocial model of healthcare
- The social determinants of health and health disparities
- The integration of behavioral sciences
- The psychological and social needs of patients



Eleanor King, MD
Family Medicine
Residency Program
Director

Residents in this track train at a variety of sites to provide them with an understanding of what the spectrum of "underserved" can look like. They spend time in Detroit hospitals and participate in Street Medicine programs, work at health fairs and community clinics across Oakland and Wayne Counties, conduct sports physicals at local schools, and administer blood pressure screenings at educational events and senior-living facilities. FM-UT residents will complete inpatient rotations at Ascension Providence Rochester Hospital in Rochester, MI.

Residents in FM-UT may elect to receive additional training, either a Master's in Public Health (MPH) or WSU's Bridge Graduate Certificate Program in Public Health.



The MIDOCS program allows me to fulfill my commitment to underserved patient populations, which aligns with my ideals as a community doctor. I believe having access to health care is a basic human right that everyone should be afforded, no matter your race, age, or socioeconomic background. MIDOCS is dedicated to the disenfranchised and often forgotten, a program in which I want to train.



Haria Henry, MD
Family Medicine-
Urban Track
Class of 2023

Preventive Medicine (PM) Program

Residents in this program will be trained for leadership roles in academic or clinical preventive medicine, healthcare management, or clinical epidemiology. PM residents will work at two ambulatory practice locations: Covenant, a Federally Qualified Health Center (FQHC), and Health Centers Detroit Foundation, a FQHC-like center in Detroit. In addition, they will receive training in providing care for Michigan's incarcerated population through an agreement with the Michigan Department of Corrections.



James E. Blessman,
MD, MPH
Preventive Medicine
Program Director

Residents in PM are required to enroll (tuition free) in the MPH program offered by the WSU's Dept. of Family Medicine and Public Health Sciences.

The Office of Graduate Medical Education is pleased to offer these new options to medical students. The FM-UT and PM residencies supported by MIDOCS will

- Build on the SOM's commitment to urban clinical excellence
- Provide improved access to quality healthcare for underserved populations in urban and rural areas as well as those in the state's correctional facilities
- Offer residents the opportunities, challenges and rewards of practicing in underserved urban areas while taking advantage of financial incentives to reduce their educational debt
- Position residents as trailblazers in the creation of a sustainable high-quality, high-value healthcare delivery system in Michigan