



## FROM YOUR DIO

The Resident Council (RC) started the new academic year with a bang! It is reenergized under the new resident leadership, and made some important decisions for moving forward. The RC is the voice for all residents, so it decided to open future meetings to all residents. Look for an email invitation from your Resident Council soon to join the discussion on ways to empower residents and improve our Wayne State University Graduate Medical Education programs.

The meeting spawned positive actions. Residents took leadership to develop a GME Facebook presence for sharing announcements and asking questions within the WSU residency community. Another group will develop a set of tools and policies for programs to institute mentorship initiatives where they might be needed. The RC also embraced the Residents-As-Teachers initiative to facilitate peer teaching and build the scholarship and pedagogical skills needed for effective teaching and learning.

Your Residency Council is working hard to give voice to your concerns and questions. Over the last few months, a concern was raised that faculty were using the residents' lounge at Crittenton. The concern was brought anonymously to the RC, which was able to work with the GME and hospital leadership to disable faculty key-card access to the room. Now faculty may only enter with resident permission, protecting an educational safe-space and encouraging a freer resident community in the hospital. This is the sort of advocacy that your RC brings to you: come to the meetings and have your voice heard!

### In This Issue:

- From Your DIO
- From Your Resident Council President
- Survey Question of the Month
- ACGME News
- Admin. Updates
- Shiffman Library
- Announcements



### Quote of the Month

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

~Eleanor Roosevelt

## FROM YOUR RESIDENT COUNCIL PRESIDENT

The resident council is run by and for the residents. We currently have several projects ongoing. One major goal for this year to make sure all of the residents are aware of and involved with the council. We have already sent out and analyzed a poll asking questions about what exactly the residents want from our council and are now working to make our council better fit the needs based off of these results. During our first meeting of the year, we discussed creating a mentor/mentee program/guidelines. This will likely entail a senior resident taking on a new resident and helping him/her become acquainted with the program. James David, a transitional year, is leading this project. We are also working on opening more methods of inter-residency communication. We will begin sending more frequent emails from the [Residentcouncil@med.wayne.edu](mailto:Residentcouncil@med.wayne.edu) email. Also, Geoffrey Potts, from dermatology, will be creating a Facebook group for all the residents to join. We also discussed creating a curriculum and certificate for a "Resident Teacher" program for residents who are more interested in teaching. This project is being lead by Lisa Gilbert from anesthesiology. In addition to all of these current projects, we remain a safe place for residents to anonymously bring up issues/complaints they feel need to go beyond their internal program. I look forward to seeing what the year brings and am very open to any new ideas which may come up.

-Adam Hull, DO, MPH

## Survey Question of the Month

Your Graduate Medical Education office is spearheading a project to measure and improve the wellness and well-being of our residents. The first step is to make sure we include as many relevant aspects of wellness and well-being that we can. What aspects of your life as a resident do you find the most satisfying, uplifting, and rewarding?

Email your responses to [rbstansfield@wayne.edu](mailto:rbstansfield@wayne.edu) and we'll include them in our project.





## ACGME NEWS

**2017 ACGME Annual Education Conference** - will be held at the Rosen Shingle Creek Resort in Orlando, FL from March 9-12, 2017. Some topics of the conference include many ACGME initiatives, such as physician well-being, milestones, CLER, and the ACGME self-study. The conference brochure will be available soon and registration will open in early November.



**ACGME - Physician Well-Being Update** - The ACGME's continued focus on and commitment to the critical issue of physician well-being was described in a recent update from CEO Dr. Thomas J. Nasca to the community regarding the ACGME's activities in this area. To read the letter in it's entirety, control + click [here](#).

## ADMIN. UPDATES

**New Innovations 2016 Conference** - The fall GME Seminar will take place Monday, October 17 - October 18, and the fall Coordinator conference will take place Wednesday, October 19 - October 21, 2016 in Cleveland, Ohio. Martha and Nora will be attending the GME Seminar October 17 - 18. More information can be found on the New Innovations home page.



**Seed Grant Funds** – The following residents were awarded Seed Grant funds:

**Elena Hadjicharalambous, MD, Dermatology**

The impact of tumor HLA-I expression on melanoma progression  
Award Amount: \$2000

**Kevin Ginsburg, MD, Urology**

Retrospective Study of Risk Factors and Effects of Neoadjuvant Cisplatin Induced Nephrotoxicity on Post-Cystectomy Outcomes and Survival  
Award Amount: \$1000

**Houmeh Hojjat, MD, Otolaryngology**

FESS vs. Balloon dilation cost effectiveness  
Award Amount: \$395

**Taha Meraj, MD, Otolaryngology**

Overnight observation cost effectiveness in patients who undergo tonsillectomy and adenoidectomy  
Award Amount: \$395

**Andy Johnson, MD, Otolaryngology**

Cost effectiveness of surgical treatments for Zenker's Diverticulum  
Award Amount: \$395

Looking forward to successful completion of these exciting projects!!



### Upcoming Important Dates:

- **October 12, 2016**  
Subcommittee for Compliance and Improvement Meeting  
6:00 - 7:30 p.m.  
Troy Location
- **October 17-21, 2016**  
New Innovations Conference, Ohio
- **October 25, 2016**  
Program Coordinator's Meeting  
8:45 - 11 a.m.  
Troy location
- **October 31, 2016**  
Halloween
- **November 24, 2016**  
Thanksgiving
- **November 29, 2016**  
GMEC Meeting  
6:00 - 8:00 p.m.  
Board Room - Troy

To submit an article, picture, quote, etc., please email:

[nkramer@med.wayne.edu](mailto:nkramer@med.wayne.edu)

**ADMIN. UPDATES (continued)**

Graduate Medical Education at WSU produces exceptional physicians who are committed to provide outstanding care to the communities we serve, including the city of Detroit, the surrounding area, Michigan and beyond.



**DYNAMITE**

To submit an article, picture, quote, etc., please email: [nkramer@med.wayne.edu](mailto:nkramer@med.wayne.edu)

**GME Clinical Learning Environment (CLER) Council** - The Executive GME Quality Improvement and Safety Council has been reinstated as the **GME CLER Council**. The Council includes faculty and resident members from the Family Medicine, Internal Medicine and Transitional Year residency programs, representatives from the quality department at Crittenton, and GME Office personnel. The Council is working with residents and faculty in developing, implementing and tracking quality improvement projects, with a particular emphasis on those that address healthcare disparities and community health needs. Thank you to the new faculty and resident members for joining the Council and also to the continuing members for their ongoing commitment to the goals of the Council!



**National Initiative** **Health Disparities Project at Crittenton** - The Health Disparities Project at Crittenton is investigating health disparities in the Rochester area as part of the National Initiative V of the Association of Independent Academic Health Centers (AIAMC) of which Crittenton is a member. Family Medicine, Internal Medicine, and Transitional Year residents and faculty have thus far participated in an educational program primarily focused on disparities in diabetes care and a baseline assessment of resident knowledge of health disparities and the social determinants of health. The baseline assessment found that residents have a very good understanding of health disparities but are less familiar with disparities and community needs among the hospital patient population and in the greater Rochester area. During the current academic year, residents will use a Plan-Do-Study-Act (PDSA) structure to investigate disparities and community health needs in the community. Guidance will be provided by the GME CLER Council and hospital personnel from the Quality Department and Community Outreach Department. Look for updates throughout the year in this newsletter!!

**Shiffman Library****Access to DynaMed Plus Now Available**

DynaMed Plus is an evidence-based, point-of-care information resource used by physicians around the world to answer clinical questions quickly and easily. Similar to UpToDate, DynaMedPlus provides current, extensive, yet easily digestible information on particular diseases and conditions, their risk factors, etiology and pathogenesis, diagnosis, treatment, complications, and prognosis. A vast number of medical equations, clinical criteria, decision trees, and unit and dose converters are also available. Access DynaMed Plus by going to the Shiffman Medical Library website ([library.wayne.edu/shiffman](http://library.wayne.edu/shiffman)) and clicking "DynaMed Plus" under Quicklinks. Sign up for a free DynaMed Plus account to use the mobile app and access the resource on any device. If you have any problems using DynaMed Plus, email [askmed@wayne.edu](mailto:askmed@wayne.edu).





## School of Medicine

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Sarah Furguson, Program Coordinator for the Family Medicine Program.



Sarah has served as a residency coordinator since April 2010. She began her journey as a coordinator here with us at WSU SOM/UPG. Sarah was part of the Orthopaedics Program that was ultimately merged with Oakwood/Beaumont GME in Taylor, MI. Sarah was born and raised in Grosse Pointe and now resides with her husband and daughter in Rochester Hills. Sarah is also a diehard Detroit sports addict, mainly Tigers baseball and Lions football. You can probably find her on a Saturday morning shopping through the Eastern Market.



## Announcements

**Accepted Abstracts for Oral and Poster Presentation** - at the Michigan Chapter, American Chapter of Physicians Annual Fall Scientific Meeting was held September 29 - October 2, 2016 at the Grand Traverse Resort in Acme, MI.

### Oral Presentations -

- Arham Barakzai, MD** -Reducing unnecessary testing: The Utility of Ultrasound in Acute Kidney Injury
- Jacob Salman, MD** -Cough suppressant to treat pseudo bulbar affect status post stroke (pictured below)

### Poster Presentations -

- MHD Hussam Al Jandali, MD** -Be careful with Thrombotic Thrombocytopenia Purpura
- Mohammad Al-Fityan, MD** - Unexpected cause of encephalopathy
- Israa Ali, MD** -A rare presentation of submissive pulmonary embolus with non-cardiogenic pulmonary edema
- Hashim Alwash, MD** -Pneumatosis Intestinalis, A Fatal Complication of Lucas2 CPR device (pictured below)
- Jenil Gandhi, MD** -A Tourniquet and a Kidney - A Toxic Relationship
- Faris Hannoodi, MD** -Fusobacterium necrophorum causing liver abscess in a patient with extensive diverticulosis
- Adam Hull, DO** -Small Bowel Obstruction Mimicking Inferior Wall STEMI
- Labana Shahniwaz, MD** -Rare Presentation of a Rare Disease: Squamous Cell Carcinoma Secondary to Chronic Suprapubic Catheter
- Reem Mahdawi, MD** -Therapeutic Dilemma - - PE and Stanford type B dissection causing chest pain in the same patient
- Noor Najj, MD** -Reversible Takotsubo Cardiomyopathy in patient with tension pneumothorax
- Alicja Sobilo, MD** -A Culprit of Diabetic Ketoacidosis (pictured below)
- JJ Villaflor, MD** -Bilateral tubo-ovarian abscesses secondary to E. coli



### ACP Award - Raymond H. Murray Governor's Award

**Congratulations to Khalid Zakaria, MD** (Program Director, Internal Medicine Program at the Wayne State University School of Medicine) - on the **Raymond H. Murray Governor's Award!!!** This award honors members for their continued dedication and hard work for the American Chapter of Physicians Michigan Chapter along with their contributions as an educator and clinician!

