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Quote of the Month

“Keep your thoughts positive because your thoughts become your words.

Keep your words positive because your words become your behavior.

Keep your behavior positive because your behavior becomes your habits.

Keep your habits positive because your habits become your values.

Keep your values positive because your values become your destiny.”

~Mahatma Gandhi

~ FROM YOUR DIO ~

With the new 2015-2016 academic year less than a month away, the whole GME community is hectically preparing for the new incoming residents and getting ready to wish farewell to the graduating ones. We are continuing our quest for creating the optimal learning environment for our residents, working collaboratively with our six hospital partners and ultimately directly impacting the quality of patient care and serving our communities. After our first, and very productive annual institutional review, we have outlined our institutional SMART goals for the upcoming academic year. We engaged residents, staff, faculty, and hospital administrators to design a comprehensive action plan, focused on several areas:

- 1) Provide oversight and support for program accreditation
- 2) Implement a seed grant application to promote faculty and resident scholarship
- 3) Address faculty and resident concerns regarding IRB barriers to conducting research
- 4) Increase resident awareness of WSU SOM library resources to support their scholarship efforts
- 5) Conduct an institution-wide process improvement project for resident evaluations so that program concerns about timeliness and validity are addressed
- 6) Develop an institutional intervention to serve as a basis for resident health care disparity education
- 7) Address inconsistencies in Quality Improvement & Safety education across the institution
- 8) Implement a program monitoring mechanism for the Transitions of Care (ToC) policy to review faculty monitoring of resident handoffs
- 9) Support program efforts to increase resident reporting of errors, misses, and near misses
- 10) Improve access to the level of supervision required for residents across the institution
- 11) Enhance professional development for program directors, faculty, and program coordinators

We have an ambitious and strategically focused agenda and we, at the GME office are looking forward to working with all of you to accomplish it.

Tsveti Markova, MD, FAAFP

Resident Council

Resident Council

The final Resident Council meeting for 2014-2015 closed out an eventful year for our group. The council spurred the development of a task force on resident benefits that will address resident interests. Another accomplishment was identifying that the council needs more visibility and will have a voice in and space in the GME website that will develop in the coming year. Additionally, the council obtained a name change through the GMEC. Our thanks go out to Drs. Kanaan and Onyedika for their service this year and passion for resident interests. Below are the results of the 2015-2016 Resident Council ballot:

- President** - David Aggen, MD, PhD - PGY2, Internal Medicine
- Vice President** - Mark Diamond, MD - PGY2, PM & R
- Communications Officer** - Andrea Milne, MD - PGY1, Family Medicine

CONGRATULATIONS TO ALL!!



ADMIN UPDATESUpcoming Important Dates:

- **June 3** - Quality Improvement Committee Meeting 8:00-9:30 UHC
- **June 10** - Subcommittee for Compliance and Improvement Meeting 6:00-7:30 pm - Troy
- **June 16** - Program Coordinator's Meeting 8:45-11:00 am - Troy
- **June 19** - Task Force for Quality Improvement and Safety Meeting 12:30-2:00 CHMC
- **June 23** - New Resident Orientation - Margherio Conf. Center - 8:00-4:30 pm
- **July 4** - Independence Day
- **July 21** - GMEC Meeting 6:00-8:00 pm - Troy



As you may recall, we introduced our new seed grant program to help support resident scholarly activity in the April newsletter. The materials are now available on our website!! (control + click) http://gme.med.wayne.edu/seed_grant.php Residents can use the funding to externally support their current or new research or QI projects; this is also a good opportunity to develop grant writing experience!

Although we will not begin accepting proposals until July 1, we have posted a sample application so residents can prepare the information required on the application ahead of time.

We are very excited to provide this opportunity to our residents! If you have any questions about the documents or the process, please contact Amy Stolinski: astolins@med.wayne.edu

SHIFFMAN MEDICAL LIBRARY NEWS

Many of you are already very familiar with **UpToDate**, which features peer-reviewed topic reviews written by physicians designed to provide concise, practical answers to medical questions at the point of care and is also a good resource for information on drug interactions. If you do not currently use UpToDate, check it out! You may find that it is a very useful resource. The first time you use UpToDate, you will be asked to create your own personal account; if you are off the WSU network, you should be prompted to enter your WSU access ID and password during the process. If 30 days pass without you using UpToDate, you will be sent an email notifying you that your access is about to lapse. You simply need to log back into UpToDate using your personal account and authenticate your access using your WSU credentials. For questions or help, contact us at askmed@wayne.edu.

SEMCME

SEMCME Research Forum - On May 27, 2015 we had five residents present/represent WSU GME at the SEMCME Research Forum at Meadow Brook Hall in Rochester, MI.

Maliha Naseer, MD, Oral Competition, Internal Medicine, PGY-1
Project Title: Factors Affecting Length of Hospitalization Amongst Patients Admitted with Acute COPD Exacerbation in Multivariate Model

Albert Antonyan, MD, Oral Competition, Transitional Year, PGY-1
Project Title: Improving 7-Day Post-Discharge Primary Care Physician Follow-Up Rates: A Quality Improvement Project

Christopher Rose, MD, Poster Competition, Otolaryngology, PGY-4
Project Title: Intratumoral Lymphatic Vessel Density as a Predictor of Progression-Free and Overall Survival in Locally Advanced Laryngeal/Hypopharyngeal Cancer

David Aggen, MD, PhD, Poster Competition, Internal Medicine, PGY-2
Project Title: How Cold is Cold Enough? Revision of a Therapeutic Hypothermia Protocol in a Community-Based Hospital

Linu Samuel, MD, MS, Oral Competition, Family Medicine, PGY-3
Project Title: Difficult Patients: Does Experience Matter?

Job well done!!

Research and QI News

Oakwood Hospital Resident/Fellow Research Day

On Wednesday, April 15, 2015, Oakwood Hospital hosted their Resident/Fellow Research Day. Oral Presentation winners:

Dave Buzas, Vani Sabesan, Timothy Jelseme, J Michael Wiater - The Effect of Deltoid Lengthening on Functional Outcome for Reverse Shoulder Arthroplasty Effect of Deltoid Lengthening In RSA.

Andrew Gambone, Daniel Lombardo, Toufic Jildeh, Vani Sabesan - Extremity Fractures Associated with Atvs and Dirt Bikes: A 6 year National Epidemiological Study.

Jawad Khan, Vani Sabesan, Daniel Lombardo, J Michael Wiater - Assessment of the Optimal Shoulder Outcome for Reverse Shoulder Arthroplasty.

Daniel Lombardo, Jawad Khan, Beau Prey, Vani Sabesan - Qualitative Assessment and Characterization of Glenoid Bone Loss for a Spectrum of Disease in Glenohumeral Osteoarthritis.

On Thursday, April 23, 2015, Family Medicine hosted their 21st Annual Residency Research Day

1st place: Linu Samuel, MD,MS - Difficult Patients: Does Experience Matter? Research Mentors: John Porcerelli, PhD and William Murdoch, MD

2nd place: Katharine Lounsberry, MD and Matthew Clifford, MD - Rhabdomyolysis in Collegiate Swimmers: A Case Series, Research Mentor: John Porcerelli, PhD

3rd place: Issa Jason Zeidan, MD - Case Presentation: Headache Exacerbated by Sexual Activity in a 47 Year Old Woman, Research Mentor: John Otremba, PharmD, MD

Quality Improvement Day

Quality Improvement Day was held on Tuesday, May 19, 2015 at Crittenton Hospital. Family Medicine, Internal Medicine, and Transitional Year residents presented their projects and competed for monetary prizes. We are pleased to announce the winners:

1st place (\$250) - Improving 1- Week Post-Discharge PCP Follow Up Rates (Drs. Antonyan, Kenderes, Kosolosky, Yarlagadda, Pesantes, DeCaluwe)

2nd place (\$150) - Improving the Quality of Blood Cultures Collected in Suspected Infections (Drs. Tegeltija, Abdulhadi, Dalaly, McMann, Al-Nouri, Kuman)

3rd place (\$100) - Resident Error Reporting (Drs. Tegeltija, Hull, Renkiewicz, Alwardi)



38th Annual Michigan Family Medicine Research Day

Thursday, May 21, WSU SOM Family Medicine and Public Health Services won four 1st place awards. The DFMPHS success was highlighted in the Prognosis E-News. To read the full article please [control + click here](#)

1) Dr. Dennis Tsilimingras won first place for the best faculty oral presentation: **Post-Discharge Adverse Events Among Urban and Rural Patients of an Urban Community Hospital: A Prospective Cohort Study**

2) Dr. Jingping Xu (mentor) and WSU MPH student Eyse Reamer won for best student oral presentation: **Prostate Cancer Knowledge, Information Sources and Qualities of Treatment Decisions for Localized Prostate Cancer**

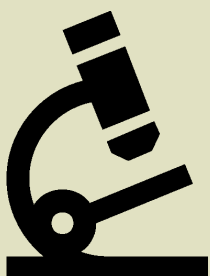
3) Dr. Jingping Xu (mentor) and Albert Ma (WSU 4th Year Medical Student) won for best student poster presentation: **Left lower Limb Weakness as the Initial Presentation of Glioblastoma Multiforme: A Case Report With Literature Review**

4) Dr. Katharine Lounsberry (PGY-3) and Dr. Matthew Clifford (PGY-2) / WSU Family Medicine Residents won first place for best resident poster presentation with Drs. John Porcerelli and John Otremba as faculty mentors. **Rhabdomyolysis in Collegiate Swimmers: A Case Series**

CONGRATULATIONS!!!



Graduate Medical Education at WSU produces exceptional physicians who are committed to provide outstanding care to the communities we serve, including the city of Detroit, the surrounding area, Michigan and beyond.



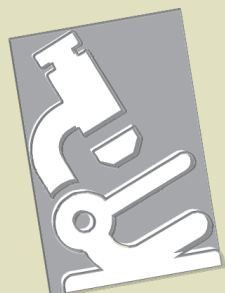


Research and QI News (cont'd)



You can teach a student a lesson for a day; But if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.

~ Clay P. Bedford



RESEARCH

American College of Physicians (ACP) Resident's Day

ACP held their annual Resident's Day at the Troy Marriott on May 22, 2015. A sample of the presentations and publications submitted by Internal Medicine Residents are noted below. Congratulations to all that participated.

Oral Presentations -

Arham Barakzai, MD - Unique Presentation of Transverse Myelitis

Jandark Yuseif, MD - Atenolol Induced Significant Hypertriglyceridemia

Poster Presentations -

David Aggen, MD - Analysis of the Use of Carotid Doppler in Patients with an Admission Diagnosis of Syncope: A Quality Improvement Project

Mhd Hussam Al Jandali, MD - Combined Thrombotic Thrombocytopenic Purpura and Warm Agglutinin Autoimmune Hemolytic Anemia

Reem Tariq Al-Mahdawi, MD - Steriods induced Osteomyelitis of the Jaw

Tiba Alwardi, MD - Challenges in Diagnosis and Management of High Grade Atrioventricular Diseases in Patients with Atrial Fibrillation

Sarah Asghar, MD - Successful Use of R-TPA in Acute Stroke Despite Contraindication - A Case Report
Arham Khan Barakzai, MD - A Near-Fatal Event with a Common Prescription Medication: Topical Androgen Gel

Rudin Gjeka, MD - Peptostreptococcus Magnus and Interesting traveler to the Lumbar Spine

Ziad Kanaan, MD - Statin-Induced Hepatotoxicity with no Myalgias - Myth or Reality?

Shahniwaz Labana, MD - Garcinia Cambogia: A Previously Unreported Link Between the "Miracle" Weight Loss Pill and Acute Pancreatitis

Larry McMann, MD - Tigecycline for the Treatment of Severe Clostridium Difficile Infection

Maliha Naseer, MD - Factors Affecting Length of Hospitalization Amongst Patients Admitted with Acute COPD Exacerbation in Multivariate Model

Christopher Renkiewicz, MD - Glossopharyngeal Neuralgia as Initial Presentation of Head and Neck Cancers

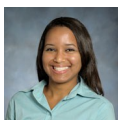
Sandip Saha, MD - Co-Dominance and Septic Embolism: A Rare Case of Bacterial Endocarditis Related MI

Jandark Yuseif, MD - Mitochondrial Disease Presented as Isolated Tonic-Clonic Seizures



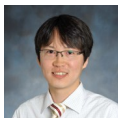
PM & R Quality Improvement Day

Physical Medicine and Rehabilitation held their Quality Improvement Day on May 19, 2015. Below are the senior QI projects presented.



D'Wan Carpenter, DO, MS, PGY-4 Resident

QI Project Title: Effects of Urinary Protocols in TBI Patients- 2015 Quality Improvement Project



Sungho Hong, MD, PGY-4 Resident

QI Project Title: 2014 Analysis of Acute Care Transfers Within 72h Inpatient Rehab Admission in Oakwood-Taylor



Ayman Tarabishy, MD, PGY-4 Resident

QI Project Title: Implementation of Key Journal References supporting evidence based medicine practice guideline for PMR, Neurology, Trauma and Neurosurgery Services through utilizing EMR templates and hyperlinking the actual references using EPIC EMR technology, and its effects on quality of care and following of best practice guidelines.



Paul Withers, MD, PGY-4 Resident

QI Project Title: The effect of customized note templates on Acute Transfer Rates in inpatient rehabilitation



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Ho-Sheng Lin, MD, professor of the WSU SOM Dept. of Otolaryngology, was named chair, effective immediately.

Dr. Lin is the leader of the Multidisciplinary Head and Neck Team for the Barbara Ann Karmanos Cancer Institute and chief of otolaryngology for the John D. Dingell Veterans Administration Medical Center. He has served on the Surgery Performance Improvement Committee and the Medical Staff Operations Committee, and as vice chief of otolaryngology for Detroit Receiving Hospital.

To read the entire article, please [control + click here](#).

You did it!
Congratulations



Congratulations to our graduating residents! We are so proud of you!! In the year (s) you have been with us, you have displayed your exceptional drive to learn & discover as well as inspire your fellow residents. Our GME office was very happy to be a part of your educational journey.

Dermatology:

Rawan Bosley, MD
Katherine Caretti, MD
Emily Newsom, MD
Benjamin Workman, MD

Family Medicine:

Mehwish Khan, MD
Katharine Lounsberry, MD
Linu Samuel, MD
Hasan Suleiman, MD

Internal Medicine:

Miran Abdulhadi, MD
Muhammad Azam, MD
Ferah Dalaly, MD
Robinder Dhillon, MD
Samih Hawasli, MD
Thitina Jimma, MD
Ziad Kanaan, MD, PhD
Tariq Mubarak, MD
Sandip Saha, MD
Mirela Titianu, MD
Karthikeyan Venkatachalam, MD

Orthopaedic Surgery:

Ikechukwu Onyedika, MD
Neil Patel, MD
Geoffrey Siegel, MD

Otolaryngology:

Tyson Fisher, MD
Jose Jiron, Jr., MD
Daniel Liebertz, MD
Michael Wiebel, MD

Physical Medicine & Rehabilitation:

Sungho Hong, MD
Ayman Tarabishy, MD
Paul Withers, MD
D'Wan Carpenter, DO, MS

Transitional Year:

Albert Antonyan, MD
Sepehr Bahadorani, MD, PhD
Brandon DeCaluwe, MD
Alicia Eby, MD
Brenton Goodman, MD
Adam Kahn, MD
Michael Kenderes, MD
Joon Lee, MD
Nishkruti Munshi, MD
Cynthia Nicholson, MD
Paola Pesantes, MD
Oluloniyin Peters, MD
Samuel Son, MD
Farheen Sultana, MD
Lesli Tristan, MD
Anita Yarlagadda, MD

Urology:

Daniel Roeter, MD
David Weatherly, MD

Brain Injury Medicine Fellowship:

Riley Smith, MD



To submit an article, picture, quote, etc., please email: nkramer@med.wayne.edu



Celebrate!

