



FROM YOUR DIO

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Quote of the Month

Coming together is the beginning.

Keeping together is progress.

Working together is success.

~ Henry Ford

Dear Residents, Faculty, and Staff,

Thank you for another successful academic year!

We proudly look at all our graduating residents, wishing them luck in continuing their successful careers. We watch them from personally and professionally throughout their residency or fellowship training, becoming competent and independent physicians. We are confident that they are ready to serve the healthcare profession and their communities with upmost honor, providing the best quality patient care in a safe, effective, and efficient manner. I would like to thank each one of our graduates for giving us the privilege of being part of their professional career.

Good Luck

On another note, it is the time to welcome our new group of residents! We have had a successful match, attracting high quality candidates.

During orientation, they will be exposed to the Graduate Medical Education environment of Wayne State University, and the abundant patient care opportunities available at our hospital partners. Please join me to welcome them to our WSU GME community.

We look forward to another productive year!

Tsveti Markova, MD, FAAFP

Resident Council

2017 - 2018 Resident Council Leadership is announced!!



President - Alicja Sobilo, MD - PGY2, Internal Medicine



Vice President - Jacob Salman, MD - PGY1, Internal Medicine



Communications Officer - Rene Ruggiero, MD - PGY2, Physical Medicine & Rehabilitation



A huge THANK YOU goes out to Dr. Hull, Dr. Farokhrani, and Dr. King for their service this past year!!



ADMIN UPDATES

New Resident Orientation - 2017 Incoming Resident Orientation will take place on Tuesday, June 27, 2017 in the Margherio Conference Center located at Scott Hall from 9:30 a.m. - 4:30 p.m. After orientation we will have a gathering at the Traffic Jam and Snug as an opportunity for current residents to meet the new residents. The gathering will start at 4:30 p.m. and all current residents are invited to attend.



Onboarding - We have been enjoying getting to know the incoming residents through the onboarding process. The New Innovations checklist has made it easier to keep track of all of the required information being submitted and makes the HR process easier for the GME office and new residents.

GME Policies

The GMEC has been reviewing all current policies and has also approved a few new policies due to changes in the ACGME Common Program Requirements (which can be reviewed on the ACGME website

<http://www.acgme.org/What-We-Do/Accreditation/Common-Program-Requirements>)

Policies &
Procedures

The WSU GME Trainee Manual and Benefits guide has been updated with all of the new and revised policies and is available on New Innovations. The individual policies are also available on New Innovations under the Sponsor Policies.

ACGME Milestone Reporting - Each program is in the process of entering their milestone evaluations into the ACGME website. The residency programs are required to do this twice each academic year – after the mid-year reviews and at the end of the year. The current deadline for entering the milestone data for this year is June 23, 2017.

“Save the Date” - SEMCME Program Administrator Workshop will take place on September 15, 2017. There will be presentations on wellness for program coordinators and Program Directors will be invited to attend the 2nd half of the workshop which will address Faculty, Resident and Staff wellness.



Promoting Resident Wellness - Residency is challenging and residents who rise to that challenge often sacrifice their own wellbeing. Maybe it's a familiar pattern to you: you lose sleep, you eat bad food, you stop reading for pleasure or going to the gym, you don't make time for your family and friends outside of work. At first, it seems like you're doing what needs to be done, focusing on your residency training. But soon the effects set in: fatigue, foggy-mindedness, loneliness, and resentment. You don't recognize it at first but after a while you notice your work is suffering. You are not alone. Medical educators have been studying this for decades and have found that nearly half of residents show signs of clinical depression and a tenth have suicide ideation.

Because it's so common, it is very important to recognize the signs of burnout and depression in yourself and in your peers. Don't stay silent and don't be shy. Start conversations about work-life balance and ask how your peers are coping. Talk to your faculty mentor about how he or she got through residency in one piece. Check out our [Resident Resource Brochure](#). And contact us! We, in the GME office, are working to improve residency wellness. In the last few months, we have applied principles of positive psychology and survey design to develop a new scale for measuring wellness (the Resident Wellness Scale). We teamed up with residents, faculty, and administrators at Loma Linda University to define Resident Wellness. Residents at both our institutions completed a long survey to help us build a short scale with good reliability and construct validity. Because the ACGME has put forth new requirements for all programs our scale has drawn national attention and we are in a position to be leaders in promoting resident wellness across the country.

If you are a Wayne State Resident, and want to help improve the emotional, physical, and professional well-being of your peers, department, and institution, email R. Brent Stansfield at rbstansfield@wayne.edu. We will be developing wellness interventions within various programs and testing their effectiveness. We understand that wellness is a pre-requisite for learning and we want you to flourish in your professional development. Be a leader in your profession and help us build a culture of wellness for all residents.



Upcoming Important Dates:

- **June 14, 2017**
Subcommittee for Compliance & Improvement Meeting
6:00 - 7:30 p.m.
- **June 16, 2017**
GME CLER Council Meeting
12:30 - 2:00 p.m.
CHMC
- **June 20, 2017**
Program Coordinator's Meeting
8:45 - 11 a.m.
Troy Location
- **June 27, 2017**
New Resident Orientation - Margherio Conference Center
- **July 4, 2017**
Independence Day

To submit an article, picture, quote, etc., please email:
nkramer@med.wayne.edu

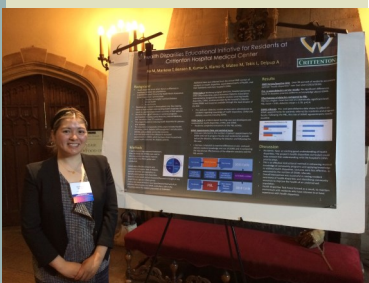


Research News

QI DAY—2017



SEMCME Research Forum



GME Seed Grant Award - Dr. Nakul Kumar (PGY-3, Anesthesiology) was awarded a GME Seed Grant in the amount of \$2000 for his project, “Is Endotracheal Cardiac Output Monitoring system reliable in measuring cardiac output compared to 3D transesophageal echocardiography, pulmonary arterial thermodilution, and Flotrac/Vigileo measurements for cardiac surgery patients?” Congratulations, Dr. Kumar!



Quality Improvement Day at Crittenton - QI Day at Crittenton took place on May 16. Residents from the Family Medicine, Internal Medicine and Transitional Year Programs presented 17 slide presentations and 23 posters describing the progress and results of QI projects they participated in during the academic year. Faculty experts from several area hospitals served as judges; prizes were awarded for the top three slide presentations:

	Project Presenters and Participants	Project Title
First Place	<i>Sana Chams, MD (Internal Medicine, PGY-1)*</i> <i>Jenil Gandhi, MD (Internal Medicine, PGY-2)</i>	Reducing Inappropriate Use of Proton Pump Inhibitors (PPIs) on the Inpatient Internal Medicine Service
Second Place	<i>Alicja Sobilo, MD (Internal Medicine, PGY-2)*</i> <i>Jacob Salman, MD (Internal Medicine, PGY-1)</i> <i>Nour Chams, MD (Internal Medicine, PGY-1)</i> <i>Jasmeet Bal, MD (Internal Medicine, PGY-1)</i>	Reducing IV Anti-Hypertensive Use for Treatment of Asymptomatic Hypertension in Hospitalized Patients
Third Place	<i>MinhChau Ha, MD (Family Medicine, PGY-2)*</i>	Health Disparities Educational Initiative for Residents at CHMC

*Presenter

Congratulations to all participants and winners!

SEMCME Research Forum - Four WSU Residents presented posters and slide presentations at the Annual SEMCME Research Forum at Meadow Brook Hall on May 24. Congratulations and well-done to the following residents:

Project Presenters and Participants	Project Title
<i>Faris Hannoodi, MD (Internal Medicine, PGY-2)*</i>	The Effect of Steroids on the Occurrence of Adverse Cardiac Events (Slide presentation)
<i>Hanish Singh, MD (Anesthesiology, CA-1)*</i>	Perioperative Pain Control with Continuous Interscalene Catheters: A Comparison of Intra-Plexus Versus Peri-Plexus Catheter Placement (Slide presentation)
<i>MinhChau Ha, MD (Family Medicine, PGY-2)*</i>	Health Disparities Educational Initiative for Residents at Crittenton Hospital Medical Center (poster)
<i>Marwah Hussein, MD (Internal Medicine, PGY-2)*</i> <i>Kushal Shah, MD (Internal Medicine, PGY-2)</i> <i>Faris Hannoodi, MD (Internal Medicine, PGY-2)</i>	Success Rate of In-hospital Cardiopulmonary Resuscitation at Community Hospital Medical Center; Both at the End of CPR and at Discharge for the Hospital

*Presenter



Resident News

2017 MI ACP Residents Day

The following WSU Internal Medicine (CHMC) Resident abstract's were accepted for the 2017 MI ACP Residents Day on Friday, May 5, 2017

Muhammad Ali, MD - Diabetic Foot Ulcer: an unlikely source of Spinal Epidural Abscess

Hashim Alwash, MD - A Rare case of cardiac tamponade as a first presentation of metastatic adenocarcinoma

Arham Barakzai, MD - Reducing Unecessary Testing: Ultrasound in Acute Kidney Injury

Sana Chams, MD - A Rare Presentation of Angioimmunoblastic T Cell Lymphoma

Danielle Fabry, MD - Improving Resident Error Reporting

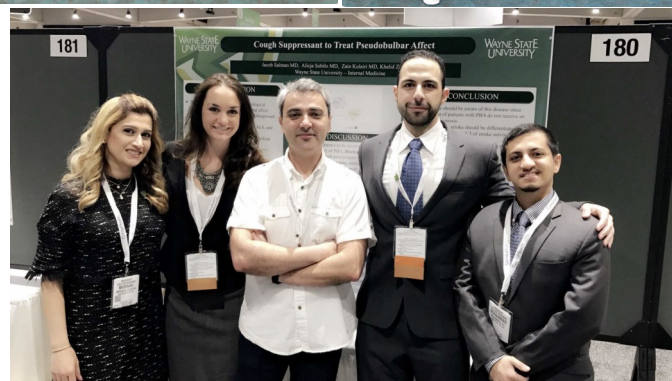
Faris Hannoodi, MD - Adverse effects of steroid therapy on cardiac events

Tapasya Mandalapu, MD - A rare Case of Hyperosmolar Hyperglycemic state presenting as Focal Seizure: Clinical Vignette

Kushal Shah, MD - Multi-drug resistant Acinetobacter baumannii and Multiple Sclerosis: when conventional treatment fails.

JJ Villaflor, MD - Tumor Lysis Syndrome in Chronic Myelogenous Leukemia

American College of Physicians (ACP) National Conference in San Diego Internal Medicine Resident accepted posters pictured below.



Great
Job!



Resident News

Congratulations and a warm welcome to our incoming WSU SOM Graduate Medical Residents and Fellows!!



Graduate Medical Education at WSU produces exceptional physicians who are committed to provide outstanding care to the communities we serve, including the city of Detroit, the surrounding area, Michigan and beyond.



To submit an article, picture, quote, etc., please email: nkramer@med.wayne.edu

Anesthesiology

Erik Diaz, MD
Elliot Harmon, MD
Brandon Jarvis, MD
Lauren Jindia, DO
Samir Patel, MD
Malini Velamati, MD
Carter Battista, DO

Dermatology

Thomas Chu, MD
Fatima Fahs, MD
Taryn Huizenga, MD
Gregory Messenger, MD
Cynthia Nicholson, MD

Family Medicine

Hassan Baiz, MD
Corney Cole, MD
Michael Duarte, MD
Philip Riley, MD
Zeeshan Sharif, MD
Rehana Siddiqui, MD

Internal Medicine

Reina Badran, MD
Shubhkarman Dhillon, MBBS
Brandon Dmytruk, MD
Skye El Sayegh, MD
Ankita Gandhi, MD
Anubhav Jain, MBBS
Daymon Peterson, MD
Vera Pochtarev, MD
Neeharika Ralh, MD
Tanaz Salimnia, MD
Mulham Shikh Hamdon, MD
Joseph Zebelian, MD

Otolaryngology

Apurva Chaturvedi, MD
Jared Johnson, MD
Jordyn Lucas, MD
Ravichandran Ramakrishnan, MD

Physical Medicine and Rehabilitation

Usman Ashraf, MD
Alexandre Mazar, MD
Jeffrey Mercado, MD
Hashem Zokary, MD

Transitional Year

Frank Barrack, MD
Ryan Brothers, DO
Baha Eddin El Khatib, MD
Tricia Fernandez, MD
Michael Gemayel, MD
Reema Habra, MD
Tomas Huerta, MD
Christopher Kassab, MD
Peter Houry, DO
Mary Kirby, DO
Kevin Lay, MD
Christian Mehregan, MD
Brett Neill, MD
Kristin Totoraitis, MD
Lauren Traill, MD

Urology

Vishal Patel, MD
Jack Trebelhorn, MD

Brain Injury Medicine Fellowship

Michael Kasprzak, DO

Otolaryngology Head & Neck Fellowship

Yusuf Dundar, MD





School of Medicine

2017 Graduating Residents

Congratulations to our graduating residents! We are so proud of you!! In the year (s) you have been with us, you have displayed your exceptional drive to learn & discover as well as inspire your fellow residents. Our GME office was very happy to be a part of your educational journey.

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Fax: 248-581-5647
Website: gme.med.wayne.edu
[GME Website Resident Benefits](#)

Dermatology:

- Nasreen Bowhan, MD
- Nancy Parquet, MD
- Geoffrey Potts, MD
- Lindsay Sklar, MD
- Michelle Dawson, MD

Family Medicine:

- Amin Farokhrani, MD, MSE
- Rebecca Heeney, MD
- Andrea Milne, MD, PhD
- Olayinka Warritay, MD, MPH
- Alexander Yang, MD
- Pauline Zhang, MD

Internal Medicine:

- Alexander Adams, MD
- Mhd Hussam Al Jandali, MD
- Salwan Al Mutar, MD
- Tiba Alwardi, MD
- Sarah Asghar, MD
- Arham Barakzai, MD
- Adam Hulls, DO, MPH
- Shahniwaz Labana, MD
- Reem Mahdawi, MD
- Maliha Naseer, MD
- Christopher Renkiewicz, MD
- Hussam Sabbagh, MD
- Ahmed Saleh, MD

Otolaryngology:

- Maria Burchhardt, MD
- Michael Chen, MD
- Priyanka O'Brien, MD
- Angela Vong, MD

Physical Medicine & Rehabilitation:

- Maryam Berri, MD
- Mark Diamond, MD
- Michael Kasprzak, DO
- Jose Mendez, MD

Transitional Year:

- James David, MD
- Amardeep Dhaliwal, MD
- Anna Gregoire, MD
- Sara Ikeda, MD
- Amanda Ismail, MD
- Anver Khan, DO
- Jeremy Lou, MD
- Gerta Mane, MD
- Tyler Phelps, DO
- Yasaira Rodrigues Torres, MD
- S. Tyler Schoenfeld, MD
- Abdala Sirajeldin, MD
- Christina Stinnette, MD
- Adam Wolfe, MD
- Han Yin, MD

Urology:

- Aram Loeb, MD
- Navneet Mander, MD

Otolaryngology Head & Neck Fellowship:

- Ibrahim Bawab, MD



2017 Graduating Resident Checklist

As of June 1st, the 2017 Graduating Resident Checklist on New Innovations has been distributed.

Please complete the checklist prior to your last day of residency.



Congratulations