



FROM YOUR DIO

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Quote of the Month

May this year of 2018 be

*A year of Health & Happiness . . .
 A year of Wealth & Wisdom . . .
 A year of Peace & Prosperity . . .
 A year of Glee & Glow . . .
 And a year of Love and Laughter . . .*

Happy New Year!!!

Happy, healthy, productive and successful 2018!!

This is the time of year when we look back, reflecting on last years accomplishments and challenges, and start planning for New Year’s resolutions. We proudly report that we accomplished all action plans we set upon ourselves as Institutional GME objectives.

We would welcome everyone’s input on strategizing for next academic year 2018-2019. Our A.I.R. (Annual Institutional Review) will be conducted on January 23 from 6:00 - 8:00 p.m. at the Margherio Conference Center. Will change format, we will brainstorm together on improvement on the following by themes: scholarship, well being, and resident & faculty professional development.

We are looking forward to another productive year!

Tsveti Markova, MD, FAAFP

Action Plans from 2016-2017

Action Plan	Status
Provide oversight and support for program accreditation	ONGOING
Support resident scholarly activity through collaboration with university partners	ONGOING NEXT STEPS
Develop program and institutional dashboards	ONGOING NEXT STEPS
Design an institutional initiative on resident wellness	ONGOING
Implement a Transitions of Care (ToC) institution-wide training and evaluation of resident handoffs	COMPLETE ✓
Enhance resident communication skills curriculum	ONGOING NEXT STEPS
Design and Implement DART program for improving residents' skills as teachers	COMPLETE ✓ NEXT STEPS
Educate Program Directors, Faculty, and Staff on core principles of Holistic Review	ONGOING
Incorporate new ACGME common requirements in all programs	COMPLETE ✓
Enhance professional development for program directors, faculty, and program coordinators	ONGOING

Resident Council President Message

President, Alicja Sobilo, MD, Vice President, Jacob Salman, MD, and

A new year has begun, and with that a clean slate for self-improvement and setting new goals. 2017 ended on a great note with the initiation of the DART orientation program. Over 20 people participated in the Academic Boot Camp which focused on both teaching and learning techniques, how to engage others into topics and how to effectively relay information. Participants also ran through several real life case scenarios from several perspectives and shared opinions on people’s point of view and feelings. This intuitive session encouraged flexible thinking and professional development of a true leader. We hope to extend DART to all residents and attendings alike as an enhancement to our workplace environments. We continue to be open to other ideas for the improvement and well-being of our programs. All suggestions are welcome with our next Resident Council Meeting being held January 16 at 6:00 p.m. at the Troy GME Office located at 1560 E. Maple Road in Troy. We will pursue resident wellness projects, open medium of communication such as “curbside consult”, and inter-program quality improvement initiatives. We hope to see everyone soon at our next session!!

Alicja Sobilo, MD





Upcoming Important Dates:

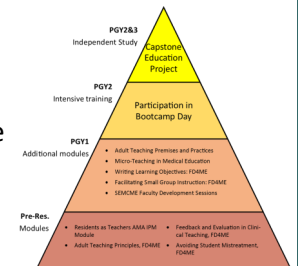
- January 16, 2018**
 Resident Council Meeting., WSUPG - Troy, 2nd Floor
 6:00 - 7:00 p.m.
- January 23, 2018**
 GMEC Annual Institutional Review Mtg., Margherio Conference Center
 6:00 - 8:00 p.m.
- February 14, 2018**
 Subcommittee for Compliance & Improvement Mtg.
 6:00—7:30 p.m.
 WSUPG - Troy
- February 16, 2018**
 GME CLER Council Meeting , CHMC
 12:30 - 2:00 p.m.
- February 20, 2018**
 Program Coordinator's Meeting
 8:45 - 11 a.m.
 WSUPG - Troy

To submit an article, picture, quote, etc., please email:
nkramer@med.wayne.edu

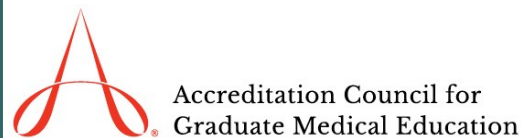
ADMIN. UPDATES

D.A.R.T. (Developing Active Resident Teachers) -

The D.A.R.T. program held its first Academic Boot Camp sessions on Friday and Saturday, December 15 and December 16, 2017. Residents and faculty participated in an intensive 7-hour session led by Dr. Laurie Richlin and Dustin Saalman of the School of Medicine's Office of Learning and Teaching. The sessions covered topics of adult learning theory, practical tips for educating students at the bedside, identification and remediation of common learning issues, and opportunities to disseminate medical educators' work. Participants received a certificate from the Office of Learning and Teaching and residents credit for participation toward their Developing Active Resident Teachers certificates from the GME office.



The Academic Boot Camp is a required component of the DART certificate program and will be held again in April. Save the date if you would like to attend: Friday, April 27th from 9 a.m.—3 p.m. Let your program director and coordinator know well ahead of time, so you are free to join us.



ACGME Milestone Reviews -

Congratulations and thank you to all of our programs! All programs completed their milestone reviews by the deadline of January 12, 2018.



ACGME Resident and Faculty Surveys -

The survey window will be opening soon for the residents and faculty to complete the annual ACGME survey. Be on the lookout for the email from your Program Coordinator and the ACGME.



NRMP Dates - Just a reminder as we are all busy with recruitment, there are a few important dates fast approaching:

- ♦ **January 31, 2018** - Quota Change and SOAP participation deadline
- ♦ **February 21, 2018** - Rank Order List Deadline
- ♦ **March 12 - 16** - MATCH week





Graduate Medical Education at WSU produces exceptional physicians who are committed to provide outstanding care to the communities we serve, including the city of Detroit, the surrounding area, Michigan and beyond



To submit an article, picture, quote, etc., please email: nkramer@med.wayne.edu

Research News

SEMCME - is pleased to announce a new program to help residents "Transition to Practice". This course is targeted towards residents who plan to search for employment within the next two years. This educational program will allow residents to feel more comfortable with the process of finding their first post-training position and understanding employment arrangements. The program will be offered in a relaxed, informal environment with ample opportunity to ask questions. The information provided will be beneficial regardless of where a physician plans to practice once training is completed. Key topics include:

- Preparing For Your Search
- Site Visits and Interviews
- Contracts, Compensation and Benefits

The course takes place in the afternoon on February 28 at St. Mary Mercy Hospital in Livonia. A light lunch will be included. This course is free of charge for WSU residents, but registration is required. Registration and more information can be found here:

<https://cmetracker.net/SEMCME/Files/Brochures/32056.pdf>

Educational Webinars - Need a quick brush-up on research fundamentals and the research process? The American College of Emergency Physicians has produced a series of educational webinars that provide background on the fundamentals of research. The webinars begin with an overview of the research process followed by webinars that focus on specific principles and terms. Each webinar is about 10 minutes long.

Webinars are free and can be accessed here:

<https://www.acep.org/embrswebinars/#sm.001fbzkwl1df5dbeyes11amjlmxg>



Program News



Dermatology News - Congratulations to **Rachel Ward, MD**, a PGY 3 Resident in the Dermatology Program who won the Wound Closure Competition at the Annual Conference of the American Society of Dermatologic Surgery. Way to go!!!

Dermatology News - Congratulations to **Fatima Fahs, MD**, a PGY 2 Resident in the Dermatology Program for being elected to serve on the Board of Directors for the American Medical Women's Association. Dr. Fahs will be presenting at their National Conference in March!!

Physical Medicine & Rehabilitation News - Congratulations to **Hashem Zokary, MBBS**, a PGY 1 Resident in the PM&R Program on the completion of his MPH degree from Wayne State University! Great Job!!!

Internal Medicine - Congratulations to Muhammad Ali, MD, PGY3 Resident who recently match into a Pulmonary Critical Care Fellowship at Baystate Medical Center/University of Massachusetts Medical School in Springfield, MA. Fantastic!!!



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Announcements

The **2017 Michigan Future of Family Medicine Conference** was held on October 28, 2017 at Beaumont Health-Troy’s Mocerri Learning Center. This annual conference, in its fourth year, conducted hands-on workshops, learning and networking with Michigan Family Physicians, and exploring Michigan’s residency programs by talking one-on-one with directors and staff.



WSU/Crittenton Internal Medicine Residency 2017 Holiday Party



Antioxidant Salad Dressing

Serves 3 - 4

- 1/4 cup raw unfiltered apple cider vinegar
- 2 Tbsp. extra virgin olive, grape seed, or coconut oil
- 1 clove garlic, crushed
- 2 Tbsp. lemon juice, plus 1 tsp. grated zest
- 1 tsp. ground flax seed
- 1 tsp. dry mustard
- 1/2 tsp. oregano
- Ground black pepper and salt to taste

Briskly whisk together vinegar and oil until mixed well. Add remaining ingredients, and whisk (or shake) together until well incorporated. You can vary this dressing to suit your taste by adding other herbs and spices such as basil, tarragon, rosemary, and dill.

~The Daniel Plan

